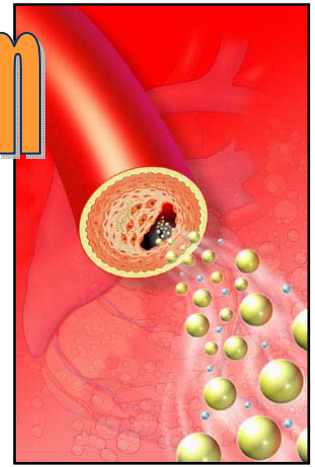


Cholesterol Lowering Program



Phosphatidylcholine Formula

Phos Choline provides a highly absorbable source of phosphatidylcholine, derived from unbleached soya lecithin, needed for proper liver and brain functions. Unbleached soya lecithin yields three times more phosphatidylcholine than sources found in wheat germ, egg and brewer's yeast. Phosphatidylcholine protects the liver against the side-effects of alcoholism, viruses, pollutants and other toxic influences, and assists in lowering elevated cholesterol levels. Phos Choline is indicated for arteriosclerosis and arterial plaque; and for manic depression, memory loss, Alzheimer's disease, dementia, multiple sclerosis, attention deficit disorder, autism and Tourette's syndrome.

Recommended Dosage

Adults: One to two capsules, three times daily with meals.
Children under 12: One capsule one to two times daily with meals.

Each Capsule Contains

Lecithin (<i>Unbleached Soya Lecithin</i>)	1200 mg
Phosphatidylcholine	800 mg

Multi EFA Capsules

Essential Fatty Acids

Multi EFA Capsules provides a highly-concentrated combination of essential fatty acids formulated to assist, enhance and maintain cardiovascular, endocrine and immune system functions. The body's natural ability to convert linoleic acid into gamma-linolenic acid is impaired by diets high in meat, eggs, dairy and saturated fats. Studies show that when combining the cold water fish, flax seed and borage oils, the benefits are much greater than when taken individually. Multi EFA Capsules is indicated for cardiovascular diseases, including hypertension, high cholesterol and arterial plaque buildup; for liver disorders such as hepatitis and fatty degeneration; for schizophrenia, manic depression, multiple sclerosis, Tourette's syndrome, cerebral palsy and hyperactivity; and for premenstrual symptoms such as obesity, weight gain, bloating, irritability and nervousness.

Recommended Dosage

Adults: One to two capsules, two to three times daily with meals.
Children under 12: One capsule one to two times daily with meals.

Each Capsule Contains

Marine Lipids	400 mg
Borago officinalis (<i>Borage Seed Oil</i>)	400 mg
Flax Seed Oil	400 mg
Eicosapentenoic Acid (<i>EPA</i>)	120 mg
Docosahexaenoic Acid (<i>DHA</i>)	80 mg
Linoleic Acid (<i>LA</i>)	222 mg
gamma-Linolenic Acid (<i>GLA</i>)	96 mg
alpha-Linolenic Acid (<i>ALA</i>)	240 mg
Oleic Acid (<i>OA</i>)	192 mg
Vitamin E (<i>d-Alpha Tocopherol</i>)	10 IU